SASKATOON metro®

NEWS WORTH SHARING.

HOSPITAL HOME LOTTERY®

YOU AND FIVE FRIENDS TAKE A PRIVATE JET TO VEGAS!

PLUS EVENT TICKETS AND $6,000 CASH

PRIVATE JET-AWAY BONUS PRIZE DEADLINE: MIDNIGHT, TOMORROW

Lottery Licence #LR13-0027, 0028

HospitalHomeLottery.org

LOSSES ON ME, SAYS QB

RIDERS' DARIAN DURANT TAKES BLAME FOR TEAM'S WIMPY OFFENCE

PAGE 14

Doug's SPOKE N SPORT

KONA'S FIRST FAT BIKE THE WO... 4" TIRES...

$1799

Grosvenor Park Mall - 8th Street E

306-373-4224

spokensport.com

Crews work to clear a train derailment in Landis, west of Saskatoon, on Wednesday.

LIAM RICHARDS/THE CANADIAN PRESS

Hazmat crew clears oil spill on CN railway

'Not considered highly explosive.' School closes for a day as a precaution while Wall talks safety

Hazardous material crews were cleaning up oil spilled from a Canadian National train car that derailed in western Saskatchewan Wednesday.

RCMP said 17 rail cars — some carrying flammable petroleum, ethanol and other chemicals — came off the tracks after 4 a.m. within 500 to 700 metres of the village of Landis, west of Saskatoon.

"The spill involved a petroleum product that is not considered highly explosive," Sgt. Grant Rusk said.

"Because of the flammable nature of some of the other rail-car contents, and the proximity to Landis ... the decision was made to close the Landis School for the day."

No one was injured.

Warren Chandler, a spokesman for CN, said it was unclear how much oil spilled.

"One of the derailed cars is leaking lube oil," he said from Edmonton. "CN crews immediately began a process using vacuum trucks to contain and reclaim the leaking product."

The Saskatchewan government said one of the other derailed cars contains ethanol and was on its side but was not leaking.

Greenpeace Canada said the derailment was an example of the perils of shipping oil by rail.

Premier Brad Wall said most goods shipped by train move safely across Canada and that railways are needed. But he said the spill is another chance to talk about the benefit of pipelines.

"We need to be unequivocal that pipelines are still certainly the best way," Wall said.

THE CANADIAN PRESS

Best practices

"We are going to be railing more oil out of this province; that's just the fact of the matter. We're doing it now and frankly doing it efficiently and safely for the most part." Premier Brad Wall

WHEATON GMC•BUICK•CADILLAC The Cadillac of Dealers

THE 2014 GMC SIERRAS HAVE ARRIVED!

GMC CANADA WIDE CLEARANCE

DISCOUNTS UP TO $13,050

ALL 2013 VEHICLES CLEARANCE PRICED TO MOVE FAST

306.244.8131 | 2102 MILLAR AVENUE WWW.WHEATONSASKATOON.COM

NEWS 1

Now playing: Films to scare, challenge viewers

More than horror. With the fourth annual Dark Bridges Film Festival, the event continues to grow and branch out into diverse genres

JACOB MORGAN
jacob.morgan@metronews.ca

John Allison, founder and director of the Dark Bridges Film Festival, stands outside the Broadway Theatre, where the event is kicking off tonight. JACOB MORGAN/METRO

Films from all over the world will be screening at the Broadway Theatre in Saskatoon this weekend.

Running from Sept. 26 to 29, the Dark Bridges Film Festival is bringing in 15 full-length movies that founder John Allison says are sure to challenge audiences to think outside the box.

"We're going for things that will entertain, things that have a story, things that are compelling," said Allison. "If you're willing to try something different, you'll find something cool."

Dark Bridges has earned a reputation for showcasing top-notch horror flicks, but Allison said there is something for everyone in the lineup.

"My goal is to broaden horizons with different movies and for people to see stuff who wouldn't normally get a chance to," he said. "We show drama, we show comedy."

Some of the features in the 2013 lineup include the British comedy Sightseers, South Korean drama Pietà and the Filipino thriller Graceland.

However, the horror element is still intact as the trademark Zombie Walk will take place on Saturday afternoon, and the original version of Night of the Living Dead is playing Saturday evening.

"It's going to be that year where we finally make our mark on the city," said Allison.

One local filmmaker, Huw Evans of Eyecatcher Video, said Dark Bridges plays an important role for the arts community. He will be showing a music video and short film at the festival.

"I pretty much live there," said Evans. "I just love weird old movies, obscure stuff, horror stuff, foreign stuff, low budget stuff — it's fantastic and I hope people support it."

Little Pine slashes number of welfare recipients

Boots and bus rides have helped a Saskatchewan First Nation to cut the number of its members on welfare by 33 per cent in one year.

The Little Pine First Nation, near Cut Knife, Sask., west of Battleford, says more than 100 people have gotten jobs since the band's life skills and job placement program began in August 2012.

Chief Wayne Semaganis said the program started with two people who were hired to gather resumes from band members and match their skills with jobs in the surrounding communities.

"From there, we also identify if they need safety tickets to be brought up to current standards, if they need work equipment — steel-toe boots, hard hats — if they need transportation," Semaganis said in an interview with The Canadian Press.

"We try to eliminate all the obstacles they face in order for them to work all the time, full-time jobs."

The chief said it cost the band $7,000 to buy steel-toe boots for the latest group of 70 members who got new jobs in Lloydminster, "but we did it because they needed them." A person living on welfare can't afford the boots themselves, he said.

The band also runs two buses and two shuttles to get workers to their jobs.

Semaganis said the benefits far outweigh the cost.

"If we spend $30,000, $40,000 hiring two people to put 100 and some people to work, that's worth it," he said.

Band members have been employed recently in several area such as the energy, agriculture and hotel industries.

When Semaganis became chief about four years ago, he said more than 400 people were receiving social assistance, about half the people living on the reserve. That doesn't count band members living off reserve.

THE CANADIAN PRESS

Pressing the flesh

Wall heads to Asia to hobnob with leaders, partners

Premier Brad Wall is heading to Asia this week to talk trade and immigration with political leaders and trading partners.

Taking off on Sunday, Wall will spend nine days travelling to Japan and Singapore, as well as to the Philippines where he plans to sign a memorandum of understanding to "make immigration to Saskatchewan easier." In the past three years, more than 10,000 people have emigrated from the Philippines to Saskatchewan.

Wall will also speak at a meeting of the Association of Southeast Asian Nations in Singapore. METRO

Corman Park

Police chief in rural Sask. fired

A rural municipal police chief in Saskatchewan who is under investigation for his conduct has been fired. Ron Boechler had been head of the police service in the Rural Municipality of Corman Park since 2010.

THE CANADIAN PRESS/CJWW

Hounded via texts, posts

Mom says teen son killed himself due to bullying

A Saskatchewan mother says her 15-year-old son killed himself because of bullying.

Kim Loik found her son's body earlier this month in their home in North Battleford.

The single mom says some students at his high school had been constantly hounding him with insulting Facebook messages and cell phone texts.

She says the taunting had become so bad that she and her son were going to move to Edmonton later this year so he could have a fresh start.

Premier Brad Wall has sent Loik his condolences.

THE CANADIAN PRESS

Al-Shabab: Foreigners were a 'legitimate target'

Kenya attack. Somali Islamic extremist group claims they took 'every possible precaution' to separate Muslims from non-believers

Al-Shabab, the armed Somali Islamic extremist group that attacked a shopping mall in Kenya, said Wednesday that foreigners were a "legitimate target" and confirmed witness accounts that gunmen tried to let Muslims go free while killing or taking the others captive.

In an email exchange Wednesday with The Associated Press, al-Shabab said: "The Mujahideen carried out a meticulous vetting process at the mall and have taken every possible precaution to separate the Muslims from the Kuffar (disbelievers) before carrying out their attack."

According to published accounts, witnesses have said the gunmen rounded up people, asked questions about Islam and told the Muslims to leave the mall.

At least 18 foreigners were killed, including six Britons and citizens from Canada, France, Trinidad, the Netherlands, Australia, Peru, India, Ghana, South Africa and China, when the militants entered the Westgate Mall on Saturday, slaughtering men, women and children with assault rifles and grenades and taking people hostage. The current death toll is 67 and is likely to climb with uncounted bodies remaining in the rubble of the Nairobi mall.

Mary Italo grieves for her son Thomas Abayo Italo, 33, who was killed in the Westgate Mall attack, in Nairobi, Kenya, on Wednesday. Kenyan authorities prepared for the gruesome task of recovering dozens more victims than initially feared after the country's president declared an end Tuesday to the four-day siege of the mall. BEN CURTIS/THE ASSOCIATED PRESS

Despite their efforts to spare Muslims, some of those killed were members of the faith. One man, Louis Bawa, whose wife Zahira and daughter Jennah were killed, told a London newspaper that al-Shabab was "using religion as an excuse to kill people." THE ASSOCIATED PRESS

Quake survivors struggle for food, shelter

Pakistani villagers sit under a tree near rubble of destroyed homes following an earthquake in the remote district of Awaran, Pakistan, Wednesday.
ARSHAD BUTT/THE ASSOCIATED PRESS

Survivors built shelters with sticks and sheets Wednesday, a day after their mud houses were flattened in an earthquake that killed 285 people in southwestern Pakistan.

While waiting for help to reach remote villages, hungry people dug through the rubble to find food. And the country's poorest province struggled with a dearth of medical supplies, hospitals and other aid.

The quake flattened wide swaths of Awaran district, where it was centred, leaving much of the population homeless. Almost all of the 300 mud-brick homes in the village of Dalbadi were destroyed.

Noor Ahmad said he was working when the quake struck and rushed home to find his house levelled and his wife and son dead.

"I'm broken," he said. "I have lost my family."

At least 373 people were also injured, according to a statement from the National Disaster Management Authority, which gave the latest death toll. Doctors in the village treated some of the injured, but due to a scarcity of medicine and staff, they were mostly seen comforting residents.

The remoteness of the area and the lack of infrastructure hampered relief efforts. Awaran district is one of the poorest in the country's most impoverished province.

Just getting to victims was challenging in a region with almost no roads where many people use four-wheel-drive vehicles and camels to traverse the rough terrain.

"We need more tents, more medicine and more food," said a spokesman for the provincial government, Jan Mohammad Bulaidi. THE ASSOCIATED PRESS

Asiana Flight 214

U.S. investigating whether airline failed to help families after crash

In the first investigation of its kind, federal transportation officials are reviewing whether Asiana Airlines failed to meet legal obligations to help families of passengers after one of its planes crashed in San Francisco International Airport.
THE ASSOCIATED PRESS

Spain

Judge names 22 rail company officials as suspects in crash

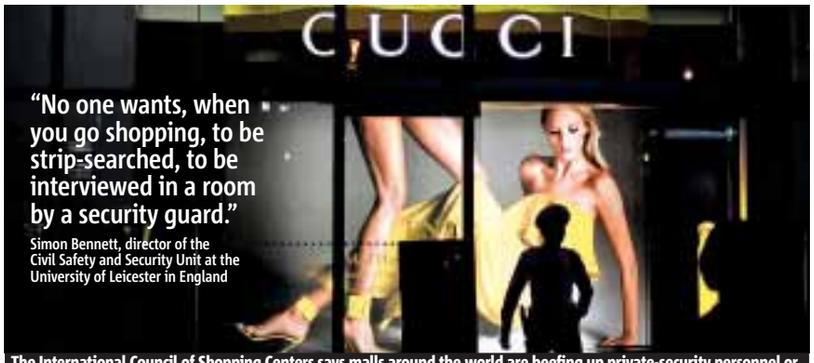
The judge investigating a high-speed train crash that killed 79 people in Spain has named 22 rail infrastructure company officials as suspects. Judge Luis Alaez has asked the Adif officials to come in for questioning.
THE ASSOCIATED PRESS

China

Man gets death for killing child in parking dispute

A Beijing court on Wednesday convicted a man of murder and sentenced him to death for hurling a toddler to the ground in a case that horrified the Chinese public. The two-year-old girl died in a hospital days after the incident.

Her attacker, Han Lei, fled the scene, but police caught him the following day. In court, he said he thought he had been throwing a shopping cart to the ground. THE ASSOCIATED PRESS


CUCCI
"No one wants, when you go shopping, to be strip-searched, to be interviewed in a room by a security guard."
Simon Bennett, director of the Civil Safety and Security Unit at the University of Leicester in England

The International Council of Shopping Centers says malls around the world are beefing up private-security personnel or bringing in more off-duty police officers after last weekend's attack on an upscale mall in Nairobi. GETTY IMAGES FILE

Nairobi attack increases scrutiny of mall security

Retail. Industry worries that increasing measures to keep shoppers safe will just scare them away

Some malls around the world have been scrambling to add security guards to look for suspicious people following a deadly attack on a shopping centre in Nairobi over the weekend. But for other malls, it's been business as usual.

The mixed reactions by malls across the globe isn't unusual in an industry whose security efforts vary from unarmed guards in most shopping centres in the U.S. to metal detectors and bag searches in places like Israel to main entrances that resemble airport security lines in India.

The disparity offers an insight into why any moves following the Nairobi incident to increase mall security in countries that have less strict procedures aren't likely to last: The industry continues to struggle with how to keep shoppers safe without scaring them away.

Security concerns come after al-Shabab militants, wielding grenades, took control of Westgate mall in Nairobi, Kenya. THE ASSOCIATED PRESS

$11M claim. Ousted CEO of AlarmForce files suit

The recently ousted CEO of AlarmForce Industries has filed a wrongful-dismissal lawsuit against the home-security firm he founded 25 years ago.

Joel Matlin, who was at the company's helm since its inception in 1988 and often the voice and face of AlarmForce in ad campaigns, claims he was dismissed without cause or notice, which goes against the terms of his contract. He's also asking for punitive and aggravated damages because of the way the firing was handled.

"The bad-faith manner of termination above has caused Joel to suffer additional mental distress, damage to his reputation and aggravated damages beyond his contractual damages for wrongful dismissal," the statement of claim says.

The $11.3-million claim includes $1.3 million for wrongful dismissal and $10 million in damages.

None of the allegations in Matlin's suit have been proven in court and may be challenged by the company. AlarmForce was not immediately available for comment. THE CANADIAN PRESS

Offline. 1 in 7 don't use the Internet, survey finds

The Internet has become so entwined in Americans' lives that many might have trouble coping without it. But a new survey found that some 15 per cent of Americans — about one in seven — don't use the Internet at all. Most of them prefer it that way.

The study released Wednesday by the Pew Research Center's Internet and American Life Project found that of the people who don't go online, only eight per cent want to. The rest said they are not interested. Nearly everyone who goes online has broadband access, the report found. THE ASSOCIATED PRESS

Technology

Waterloo hub asked to join Google network

A technology business in Waterloo, Ont., has been selected to join Google's Tech Hub Network. Communitech, a hub that provides support to local startups and tech companies, says it has been chosen to receive both financial and technology support from the search-engine giant. THE CANADIAN PRESS

Market Minute

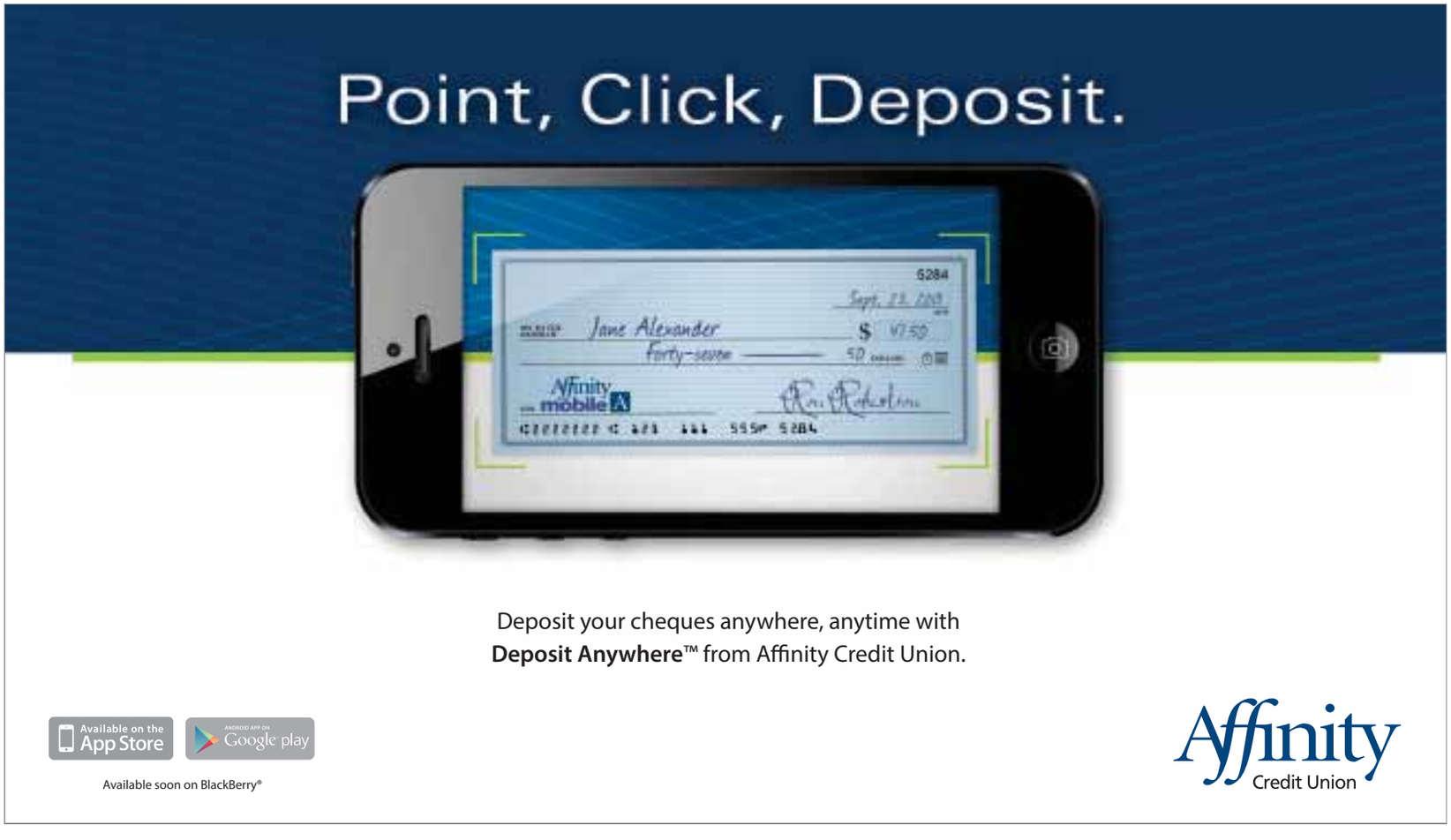
DOLLAR 96.96¢ (-0.11¢)

TSX 12,836.71 (-12.18)

OIL $102.66 US (-47¢)

GOLD $1,336 US (+$19.90)

Natural gas: $3.50 US (+1¢)
Dow Jones: 15,273.26 (-61.33)



A CURE FOR YOUR GOOGLE-EYES

HE SAYS

John Mazerolle
metronews.ca

Are you infatuated? Obsessed over another? Stuck on that powerful drug that is both more and less than love? If you're not sure, check for these key signs:

• Your special someone jumps to mind during songs on the radio, including jingles for toilet cleaner. ("He makes me flushed too!")

• Something as simple as a Coke bottle reminds you of her. (Or a Coke can; we're body-positive here.)

• They're the last thing you see when you fall asleep and the first thing you see when you wake up, because you're camped outside their window.

One item on this list might be OK, even healthy, but if you do all three then you're probably infatuated.

I'm a longtime expert. Even in Grade 3, I would tell my camp counsellor that I had a crush on her, then coyly explain that I only meant Orange Crush, while making moon eyes at her. (Keeping with the pop theme, I turned a shade of cream soda.)

But now, 200 years later, I've realized that infatuation is for kids. It's fun, but so is running around with my arms out making airplane noises. Just because I used to do it doesn't mean I still can, no matter how fun it was.

I had a date last week that went pretty well, but then I got an endorphin rush going, propping me up, up, up ... and had to stop myself on the way to Cloud 9 before I spiralled right out of control. It was a close call, but my survival means I can share these tips:

What's love got to do, got to do with it?: Dealing with infatuation

• Determine whether it's love, infatuation or lust. If it's love, you'll be in love. If it's infatuation, you'll Google advice on whether it's infatuation or love. If you can't tell if you have lust, I can't help you. See a doctor.

• Don't try to "accidentally" meet them. Though meet-cutes are a Hollywood staple, in real life, showing up unannounced at a construction site, airplane cockpit or reactor core is often more trouble than it's worth. If you must, send a Facebook wall message and ask if they're aware of any federal laws and statutes surrounding trespassing at their workplace. Finish with a winky face!

• Remember a good relationship is a partnership. E.g. If you know the names of the children you're going to have with your new acquaintance/future spouse, then write a list and allow them to choose from several of your ideas. Watch their eyes widen as they come to appreciate what they've found in you.

• Bonus tip for infatuees: Occasionally somebody will be infatuated with you! If that happens, the other person may be very vulnerable and easy to manipulate. That's when you pounce — for a better world. Bite your bottom lip and whisper, "What I'd love is a man/woman who will lobby city hall for a curbside recycling program," or "It'd be so hot to see you and all your friends donate blood."

And those are my tips, gentle readers. I hope you found them helpful. If you need anything else from me, remember I'll be right here — on Cloud 5.

ZOOM

The veiled, unveiled in photos

LYNSEY ADDARIO/NATIONAL GEOGRAPHIC

125 years marked with iconic images from mag's archives

National Geographic is celebrating its 125th anniversary with a special photography edition that features the most iconic images from the magazine's history. Pictured is a scene from Afghanistan in 2010: Pregnant Noor Nisa, 18, and her mother wait to be driven to hospital, where Noor would give birth to a baby girl.

The issue features National Geographic's most famous photo — the piercing green eyes of Sharbat Gula, a 13-year-old Afghan girl in Pakistan's Nasir Bagh refugee camp, pictured on the right — which appeared on the magazine's June 1985 cover.

The girl's identity was unknown for 17 years until she was tracked down in 2002. The image was originally placed in the reject pile before being rescued.

METRO

Sharbat Gula NATIONAL GEOGRAPHIC

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

I know how it is. You got home last week with your shiny new copy of GTA V, only to power through it at a tragically swift clip — unable to keep your enthusiasm in check. Well, luckily, a lack of gaming self-control is one of the many things your smartphone can paper over for you.

CONTRIBUTED

Puzzle & Dragons:

The kids in Japan are losing their minds over this fantasy puzzler, and for good reason. The mechanics are much deeper than anything most match-three games have ever dreamed up and you get to collect monsters. Sold! Well, not sold, actually. It's free. (iOS, Android/Free)

Heroes of Loot:

An old-school roguelike dungeon crawler that sends you into the depths to wipe out an unending onslaught of monsters. Like most roguelikes, there's no real endgame to conquer except securing some real estate near the top of global leaderboards. (iOS, Android/$1.99)

Slender Rising:

The spooky Slender Man series is the star of countless Watch My Roommate Get Scared YouTube videos, but if you've never tried one of the games, this is the best place to start. Work your way through creepy forests and playgrounds, piecing together the story behind the titular character. Of course, you're being stalked by him the entire time and if he snares you, you're going to lose. (iOS/$2.99)

Twitter

@metropicks asked: One four-legged friend helped his owner curb a crack habit. How does your pet help you improve?

@Cazzy: Teaches me how to clean up for when I have kids.

@Idanielledoiron: My alarm didn't go off this morning. My cat woke me screaming just in time for me to get to work. Thanks puss!

@Canucklehead_ca: My cat. She teaches me humility and how utterly insignificant I truly am.

@adrienne_kenny: My puppy has taught me to smile and appreciate the little things in life.

@gixxerrider105: after a bad break up my dog forced me to stay motivated. I was really depressed and he kept me going.

Follow @metropicks

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

metro

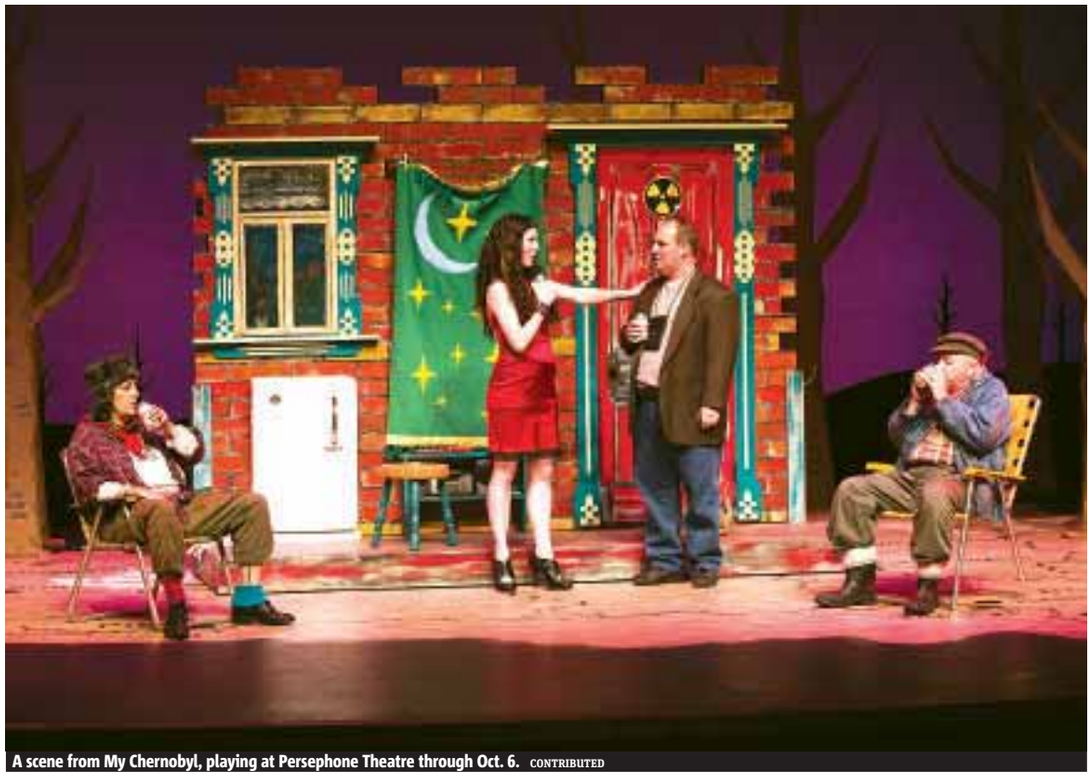
President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Saskatoon** Tara Campbell • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Barry Paton • **Vice-President, Sales and Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson **METRO SASKATOON** • #100, 728 Spadina Crescent East Saskatoon, Sask. S7K 4H7 • **Telephone:** 306-649-2025 • **Toll free:** 1-877-895-7193 • **Fax:** 1-888-895-6931 • **Advertising:** adinfosaskatoon@metronews.ca • **Distribution:** saskatoon_distribution@metronews.ca • **News tips:** saskatoon@metronews.ca • **Letters to the Editor:** saskatoonletters@metronews.ca

SCENE 2

Turning disaster into comedy

Local theatre. Set against the nuclear meltdown, My Chernobyl is the story of an unusual romantic entanglement

BACKSTAGE PASS
Simon Hiatt
saskatoon@metronews.ca



A scene from My Chernobyl, playing at Persephone Theatre through Oct. 6. CONTRIBUTED

On April 26, 1986, an explosion and fire at the Chernobyl Nuclear Power Plant resulted in the worst nuclear disaster in history; leading to dozens of deaths, countless injuries and disease, plus untold environmental devastation, the effects of which are still being felt.

In other words, the perfect inspiration for comedy.

"It's a dark, quirky comedy for sure," said playwright Aaron Bushkowsky of his play My Chernobyl, currently being staged at Persephone Theatre. "You're going to be surprised, as one of my characters says 'I hope to astonish you.'"

While the inspiration for his play may be unusual, his desire to set it against the backdrop of the disaster comes from a genuine place.

"My father comes from near that area and I always liked the idea of doing a play about my family's roots and I thought the device of Chernobyl was a great way of doing it."

By and large viewers have agreed. The play received several awards and rave reviews during its runs in Vancouver and Victoria.

But Bushkowsky admits there was one audience that wasn't willing to find the humour. "I had a reading in France a couple of years ago, not long after the Fukushima disaster, and the French audiences did not find it funny at all. But they have a lot of nuclear facilities there so they were a little sensitive about it."

The play tells the story of David, played by Joshua Beaudry, a Canadian on a mission to Belarus to deliver an inheritance that should be his to a distant relative, which leads to an unusual romantic entanglement.

"I'll just say he finds his first cousin, three times removed, and falls madly in love with her," Bushkowsky said.

My Chernobyl was brought to Saskatoon by Will Brooks, who is directing, and Persephone Artistic Director Del Surjik, who saw a production in Vancouver and thought it would be a good fit for the city and theatre.

Bushkowsky agrees, saying our province's large Ukrainian population is just one reason audiences here will identify.

"It has a lot more impact here because they know the culture here, they grew up with the language and the accents and that sense of humour."

And Bushkowsky has also noticed audiences here are able to more closely relate to the meteorological elements of the play as well.

"There's a line where one of the characters says she really wants to go to Canada, where it's never as cold as it is in Chernobyl. Of course that line never really got a laugh in Vancouver, but here the audience laughs out loud."

First production

What you need to know about the show

- **Background.** This is the first production of Persephone's 2013-2014 season, it will be followed by Chelsea Hotel a work inspired by the songs of Leonard Cohen. For tickets and more information visit persephonetheatre.org.

SATURDAY NIGHT LITE
Come chill with us at Redeemer Lutheran
Saturday nights 7 pm
Preston & Main
Also Sunday mornings 9 am & 11 am
Bring a coffee and connect
www. redeemersaskatoon.ca

Small Group/Company Christmas Parties
If you want to let your hair down and have some fun, look no further than
Saskatoon Wildlife Federation for your Christmas Party Event!
This year we are lucky enough to have 2 different bands:
Legendary Rhythm and Blues Revue Band
An 8 piece band playing the best of the 60's 70's and 80's R&B
November 30th & December 7th
Branded Honey
The best in Country, Rock and Pop
December 14th
Door Prizes will be given out throughout the evening!
Tickets are $40.00 Per Person
Includes appetizers, buffet dinner of turkey, roast beef, 2 salads, mashed potatoes, stuffing, gravy, and assorted desserts
Doors open 7:00pm
Dinner from 8:00pm-9:00pm
Band from 9:30pm-1:00am
Taking Reservations Now
claudia.m.swild@sasktel.net or call 306-242-1666
Saskatoon Wildlife Club is located 3 miles north of Central Avenue and Attridge.

Tracy Pollan, left, Michael J. Fox, and Wendell Pierce star in The Michael J. Fox Show. ERIC LIEBOWITZ/THE ASSOCIATED PRESS

New show painfully close to Fox's real world experiences

New show. Michael J. Fox makes his first full-time return to television since he left

What happens when you put Michael J. Fox and five Canadian reporters at a table?

Hockey talk.

The Edmonton-born, Burnaby, B.C.-raised actor has lived almost two-thirds of his life in the United States, but while you can take the boy out of Canada, you can't take the Canadian out of the boy.

Though Fox's interview time is carefully limited, there's a full five minutes of chatter about the Leafs, Canucks and his beloved Bruins before everyone gets down to the reason Fox is at the summer network press tour — to promote The Michael J. Fox Show. The sitcom premieres Thursday on NBC and Global.

The series has been tailor-made for the actor. Fox stars as Mike Henry, a popular New York news anchor who gave up his job after being diagnosed with Parkinson's disease. Five years later, with his family's support, he decides to go back in front of the cameras. Betsy Brandt (Breaking Bad) plays wife Annie Henry, Wendell Pierce (Treme) his boss Harris Green. Recurring characters include Anne Heche as a rival news anchor and TV veterans Candice Bergen and Charles Grodin as Mike's parents.

Fox teamed with executive producers Sam Laybourne (Cougar Town) and Will Gluck (Friends with Benefits) on the project.

"I really wanted to do a show about a guy with Parkinson's," Gluck jokes, "and a couple of people passed."

Gluck and the others see it as a family comedy first, but one absolutely based on Fox's own experiences dealing with Parkinson's. Henry is shown in the pilot scattering instead of serving scrambled eggs and misdialling 911, all played for laughs.

"Mike paid for those experiences," says Gluck, "so they're the intellectual property of Michael J. Fox."

Fox himself stepped away from his last regular series, Spin City, in 2000 after going public with his struggles with Parkinson's, first detected a decade earlier.

At the time of the revelation it seemed like a cruel twist of fate for the actor, who was beloved for his Back to the Future films as well as for his run in the '80s as young conservative Alex P. Keaton in Family Ties.

Fox came to terms with his situation and became a leading spokesperson for efforts to combat the disease. His Michael J. Fox Foundation has so far funded more than $350 million in research toward finding a cure.

Spearheading that drive and helping his wife of 25 years, actor Tracey Pollan, raise their four children became Fox's main focus for a decade. When medical advances helped to stabilize Fox's tremor symptoms, the itch to get back on TV began.

"I just thought, 'Why can't I?'" he says. "I mean, there's no reason not to do it."

THE ASSOCIATED PRESS

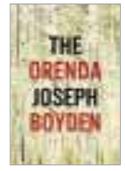
Wanted him back

He was ready to go back, but only on his terms. For one, he wasn't going to leave New York, where all his guest appearances were shot. His series went into production months earlier than most, allowing the producers to build in weeks in between shooting to make things easier for their star.

- **Doing things his way.**

Fox briefly considered headlining a drama series like The Good Wife, but the long hours were a deal breaker. Besides, when he really thought about it, all he wanted to do was comedy. There was no question the networks wanted him back. NBC offered him a full 22-episode commitment, rare these days.

Indigo bestsellers
NOW 40% OFF*
Our Top 20 are NOW 40% off. In-store. Every day.



1. THE ORENDA Joseph Boyden
Giller Prize winner Joseph Boyden returns with a visceral portrait of life at a crossroads in his masterpiece of Canadian historical fiction, *The Orenda*.
Last Week: 4 / Weeks on List: 3

2. THE LONGEST RIDE Nicholas Sparks
Ira and Ruth. Sophia and Luke. Two couples who have little in common, and who are separated by years and experience. Yet, their lives converge with unexpected poignancy in Nicholas Sparks's new novel, *The Longest Ride*.
Last Week: 16 / Weeks on List: 2

This Week		Last Week	Weeks on List
3.	MADDADDAM Margaret Atwood	3	5
4.	THE SILENT WIFE A.S.A. Harrison	1	5
5.	A HOUSE IN THE SKY Amanda Lindhout and Sara Corbett	2	4
6.	NEVER GO BACK Lee Child	5	4
7.	STEVE JOBS Walter Isaacson	11	3
8.	THANKLESS IN DEATH J.D. Robb	20	2
9.	W IS FOR WASTED Sue Grafton	5	2
10.	INFERNO Dan Brown	20	5
11.	THE CASUAL VACANCY J.K. Rowling	10	3
12.	WINTER OF THE WORLD Ken Follett	8	5
13.	GRAIN BRAIN David Perlmutter	15	2
14.	STILL FOOLIN' EM Billy Crystal	14	3
15.	TIME NOW FOR THE VINYL CAFE STORY EXCHANGE Stuart McLean	18	2
16.	THE END OF GROWTH Jeff Rubin	13	4
17.	THE WITNESS WORE RED Rebecca Musser	17	3
18.	LOOPTAIL Bruce Poon Tip	19	2
★ 19.	KILLING JESUS Bill O'Reilly	-	1
★ 20.	DR. SLEEP Stephen King	-	1

Combined Fiction and Non-Fiction Bestsellers for the week, ending September 30th
★ New this week

Indigo | Chapters | Coles | indigo.ca

Connect with us /chaptersindigo

*IN-STORE 40% discount applies to in-stock books featured on Indigo's Top 20 English Bestseller list at time of purchase at Indigo, Chapters or Coles locations. Bestseller list is determined by Indigo and gets updated regularly. Not valid in conjunction with any other offer or promotion excluding everyday irewards discount and cannot be used to adjust amount paid on previous purchases. Online 50% discount applies to irewards and plum rewards members - 45% off for non-members - on Top 50 Online Bestsellers as selected by Indigo.ca. Offers may change or end at any time without notice. Indigo, Chapters, Coles and indigo.ca are trademarks of Indigo Books & Music Inc.

Online Bestsellers. Top 50 are 50% off at indigo.ca

THE RED ZONE: WHERE THE ACTION IS

VISIT SASKATOON'S NEWEST HOT SPOT

The Red Zone Premium Sports Bar is the No. 1 place to go for pro-sports action.

Saskatoon's newest hot spot is a "sports bar with a twist," says Traycee Wiebe, marketing director. Located at 106 Circle Dr. N., it offers upscale premium service with 57 HD TVs located throughout the 5,000-square-foot space.

"Every seat is front row in the Red Zone," she says. "There's no seat where you can't see at least 15 screens."

The bar's name stems from the "red zone" of a football field, between the 20-yard-line and the goal-line. It's the place fans like best because it's where most teams score.

To reflect that excitement general manager Steve Johnston created a space that features a long bar lined with large flat-screen TVs for easy viewing pleasure. For those who want something special for a fun night out, the Red Zone offers four VIP suites to accommodate a variety of groups.

CONTRIBUTED PHOTOS

The "Rinkside" suite seats six to eight people in comfortable leather couches and armchairs, facing three large-screen TVs. Similarly, the "Courtside" suite comfortably seats 10 to 12 people. Each of these rooms holds a fireplace and other amenities to make fans feel right at home.

The "Owner's Box" easily seats 25 or more, with 16 at a long table and the rest on soft leather couches and chairs.

Finally, the "Film Room" houses a 90-inch screen and four 50-inch screens with 12 leather recliners set up theatre style.

"It's like your very own viewing party," Wiebe says. "You're in your private area, but you're still part of what's going on."

"You choose the room and your group orders from their diverse and delicious menu," adds bar manager Raleen Bowles.

People rent the rooms for everything from birthdays to corporate receptions, and from stagettes to holiday staff parties. There are areas for private meetings as well. Fans can pick NHL drafts or watch the Grey Cup or Super Bowl in premium upscale comfort.

Congratulations
on your
First Year Anniversary
from
your friends
at Rely-Ex!
Rely-Ex Contracting
516 43rd Street East
Ph: 306-664-2155 | Fax: 306-652-3827 www.rely-ex.com

Congratulations
on your First Year Anniversary!
Proud Supplier to the
Red Zone Premium Sports Bar
Geanel
RESTAURANT SUPPLIES LTD.
811 – 2nd Avenue North
Call 306.652.9886 or Toll Free: 1.888.652.9886 | www.geanel.com

CONTRIBUTED

A SPORTS BAR WITH A TWIST

In the summer of 2012, Steve Johnston knew it was time for a change. He wanted to transform the space at 106 Circle Dr. N., into a sports bar. He also wanted it to be unique in Saskatoon, and unique in the world of sports bars.

An independent consultant was contacted.

"Their recommendation matched what we wanted to do, which was a sports bar with a twist," says marketing director Traycee Wiebe.

When it opened its doors again Sept. 29, 2012, the Red Zone was transformed into a premium upscale sports bar. The space was divided into a main floor and four themed VIP suites.

The focal point of the décor is the red brick bar, designed to harken back to the old red brick U.S. baseball stadiums. But the style is modern and premium, Wiebe says. Textured reds in the carpets and brushed metal throughout carry the theme over into every aspect of the room.

The most unique aspect of the Red Zone is its technology. Unlike other sports bars where fans must share a large projection screen, the Red Zone boasts 57 HD TVs. "Even the men's room has a TV," Wiebe says.

Each room has been designed for maximum comfort and technological ease, she adds. For example, the 90-inch LED screen in the Film Room was the first of its kind in Saskatchewan. Flanking it, the four 50-inch screens face 12 comfortable leather reclining chairs. The Saskatoon Blades logo on the floor completes the look.

The Red Zone has active Facebook and Twitter sites where fans keep up on the games, and events like the Code Red Birthday Bash coming up Friday.

A new website will be coming online shortly, she adds, to allow fans to book their favourite suites.

THE BEST SEATS IN THE HOUSE

There are three main seasons at the Red Zone — football, hockey, and baseball. And every season offers a good reason to book a party in one of the Red Zone's special VIP suites, says bar manager Raleen Bowles.

With Major League Baseball season winding down, football season is in full swing with both the CFL and NFL. The Red Zone's 39-cent wings and bucket specials tempt groups of all sizes into the stands — er, the comfortable leather recliners, just in time to watch their favourite NFL teams in action on the large-screen TVs.

On Mondays, Thursdays and Sundays, the Red Zone offers NFL giveaways such as players' numbered jerseys, sponsored by Labatt. On Sundays, she features happy hour specials on wings, ribs and similar food and beverages all day.

When the snow starts to fall, it will be time for Bowles' favourite sport — hockey. She admits she is an Oilers' fan, but welcomes fans of all teams.

"I've spent many a weekend in the hockey rink," she says, with two of her three kids having played the sport.

These aren't the only sports celebrated in the Red Zone, she adds. She is also proud to run the only sports bar in Saskatoon that broadcast the recent Floyd Mayweather Jr./Canelo Alvarez championship fight, for example.

Red Zone proudly sponsors all University of Saskatchewan Huskie teams. That means fans can win VIP tickets to Huskie games, among other prizes. The future will bring events such as the 101st Grey Cup, world junior hockey championships, Super Bowl XLVIII, the Winter Olympics plus every major UFC fight.

For their Code Red Birthday Bash, Bowles says she plans to feature food and beverages related to the "red" theme, such as Caesars and spicy wings.

Bowles makes sure the Red Zone regularly offers special prices on draft beer and a tempting menu for a quick lunch, casual dinner, or a snack with friends.

AUDIO WAREHOUSE
Congratulations
to
REDZONE
PREMIUM SPORTS BAR
on your
FIRST ANNIVERSARY!
Audio Warehouse is the proud supplier and installation experts behind their amazing
50 Plus TV Sports Bar!
Stop in today and see
CANADA'S LARGEST LED TV –
the closest thing to actually being there!
Call Miguel for your Free In Home Consultation
Audio Warehouse is your 2013 Platinum Awarded Dealer!
1601 Quebec Avenue « 306.664.8885
www.audiowarehouse.ca

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Zac Efron. ALL PHOTOS GETTY IMAGES

Rehab was inevitable after troubled Efron started 2013 'like a junkie'

A new report in the National Enquirer details how Zac Efron kicked off 2013 — with troubling behaviour that likely led to his rehab stint in the spring. An anonymous source recounts watching the 25-year-old star pass out after a night of abusing prescription painkiller Oxycodone as well as alcohol, marijuana and Adderall at New York's Thompson Hotel on Jan. 3. "I was scared for him," the source says. "He was like a junkie. He wanted the drugs so bad. He went through a lot of pills even though it was clear he was entering a danger zone. My worst fear was that he had died from an overdose."

Lindsay Lohan

Schedules to blame for Lohan's latest break up

Looks like it's a no-go for Lindsay Lohan and former football player Matt Nordgren, who have reportedly split up after briefly dating, according to Us Weekly. "Their work schedules and the distance just make dating impossible," a source says. "He really likes her. He thinks she's back on top, emotionally and physically."

The Word

Could it be?! Drake and Chris Brown patch things up

MELINDA TAUB
Metro World News in NYC

Make new friends, but keep the old. One is silver and the other beat up a lady one time. Chris Brown and Drake have squashed their beef and they may even become pals, according to Page Six. The pair apparently met up at the iHeartRadio Music Festival in Las Vegas this weekend, which Drake and his crew attended specifically to catch Brown's performance. "Drake came on Friday with his whole crew, and watched Chris' entire set," a source said. The happy reunion continued after the show: "They were backstage hugging and drinking," another source reports. Apparently, the meeting went so well that the pair are talking about collaboration on tracks, even though no one should ever want to be friends with Chris Brown or work with him or talk to him, so he eventually has to become a garbage man and live in the dump. Hopefully Drake is just pretending to be Chris's friend so it'll sting even more when he has to become a garbage man. Brown recently took time off from drinking fruity cocktails and hitting the beach in Hawaii to tag a wall with epithets like "F— police" alongside what is apparently a shout-out to the Bloods. Brown, he of sound life choices, signed his illegal street art with the words "Fruits Piru," which people who know more about the intricacies of urban gang life than we do speculate is a reference to the Fruit Town Piru gang, a subset of the scary-as-hell L.A. gang.

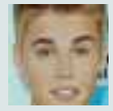
Amanda Bynes

Bynes' lawyer wants her hitting-cop-car case held in mental health court

Amanda Bynes was set to resurface this week for a court appearance stemming from her 2012 arrest for hitting a police car with her rented BMW, but Bynes' lawyer wouldn't let her near the courthouse. Attorney Richard Hutton claims that Bynes doesn't currently have the mental capacity to fully comprehend the legal proceedings, asking the judge to refer the case to the mental health court, according to E! News. "The mental health court will examine Bynes and determine her competency to stand trial," he says. Bynes is currently under observation at the UCLA Medical Center, and a hearing is set for next week to determine if her parents' temporary conservatorship should be made permanent.

Twitter

@JimCarrey
It's gonna be an amazing day! You know why? CUZ I DOUBLE FRICKIN' STAMPED IT!



@justinbieber
Any account on twitter isn't actually my Grandparents! They don't have twitter and say they never will

@rihanna
420

TAX SCHOOL
COURSE STARTS
OCTOBER 1st, 2013
MONs & WEDs 1-4PM
or
TUEs & THURs 6-9PM
* Seasonal Employment Opportunities May Be Available After Course Completion
Both Classroom and Online Income Tax Preparation Courses Available
PUMP UP YOUR PENSION
MAKE THAT HOLIDAY HAPPEN
LIBERTY TAX SERVICE®
CALL US TODAY
306.668.2355
OR EMAIL:
libtax.confed@shaw.ca

Ready for a change? Want to be your own boss?
START YOUR OWN BUSINESS!
Praxis School of Entrepreneurship
offers comprehensive entrepreneurship training.
startSMART Program
beginning October 21, 2013.
If you are currently unemployed & receiving EI benefits or unemployed & have received EI benefits in the last three years (5 years if maternity/parental leave), you may be eligible for assistance under the provincial SELF EMPLOYMENT PROGRAM through Canada-Saskatchewan Labour Market Services.
Contact us if you are not EI eligible and between ages of 18-30 for possible funding options.
Attend an Information Session
Wednesday, September 25th —1:30-2:30 pm OR
Wednesday, October 2nd —1:30-2:30 pm
at
Canada-Saskatchewan Labour Market Services
225-1st Avenue N., Saskatoon, SK
Praxis—306-664-0500

TravelMasters saskatoon
SHANNON STARECKI
SENIOR TRAVEL CONSULTANT
SASKATOON - PUNTA CANA
Feb 29 - 7nts
Majestic Colonial Beach Resort - $1485 + tax
Call 306-652-9303
or email shannon.starecki@travelmasters.ca
Experience our advantage.

THE SWEET SUCCESS OF WEIGHT LOSS

When it comes to weight control, experts are increasingly putting the spotlight on sugar.

"In fact, mounting evidence points to controlling blood sugar as the key to successful weight loss" says Brenda Watson, naturopathic doctor and best-selling author.

Your blood sugar level is the amount of glucose from the food you eat that is circulating in your bloodstream. It provides energy or is stored for future use. All carbohydrates you eat, with the exception of fibre, are broken down by the body into glucose.

The body only requires 10 teaspoons of sugar per day to perform all its functions, but the average Canadian daily consumption is 26 teaspoons. This is no surprise when you consider that a half-cup of vanilla ice cream contains five teaspoons of sugar while one cup of cooked pasta contains eight.

For weight loss, Watson recommends a daily sugar consumption limit of six to eight teaspoons from all foods. Your body will draw on fat stores for any extra energy it requires and that will lead to weight loss. There are lots of low sugar food options such as lean protein, healthy fats, and virtually all vegetables.

There are also scientifically-proven weight loss products that help balance blood sugar, Watson says. For example, green coffee bean extract gained notoriety when it was featured on Dr. Oz's TV show.

"While I don't believe you can buy weight loss in a bottle, there are certainly products that can help. Green coffee bean is one of them, but I am really excited about a new ingredient called Fraxipure, which is a natural extract from European ash seed. It decreases blood sugar levels, increases fat burning and protects the liver. I recommend Simply Trim because it is the only product to combine green coffee bean extract with this fat-blasting Fraxipure.

"The bottom line — if you balance your blood sugar you will lose weight. How sweet is that?"

HOW MUCH SUGAR IS IN YOUR DIET?

Here is an easy equation for calculating how much sugar is in the food you eat. Nutrition Facts tables on packaged products provide carbohydrate and fibre amounts.

(CARBOHYDRATE GRAMS – FIBRE GRAMS) ÷ 5 = # OF TEASPOONS OF SUGAR

Simply the best **GREEN COFFEE BEAN EXTRACT!**

Not all green coffee bean products are created equal. If you want to truly amp up your weight loss results, look for Simply Trim. Simply Trim contains premium green coffee bean extract with the added benefit of Fraxipure. Fraxipure can:

- *Lower blood sugar*
- *Increase fat burning*
- *Decrease the formation of new fat cells*
- *Help prevent fatty liver disease*

Only Simply Trim combines these two weight loss powerhouse ingredients in one formula. It is a premium product that delivers premium results!

Testimonial "I am half way through my first bottle of Simply Trim and I am so happy with the results that I had to write you. I have lost 5 pounds so far and eliminated my overwhelming cravings for carbs! I finally feel like I can lose this weight for good." - Liz. September 19, 2013.

Look For Renew Life Products At Your Local Health Food Store Or Wherever Natural Health Products Are Sold. To Find A Store Near You Visit WWW.RENEWLIFE.CA Or Call 1-800-485-0960 Ext 3

facebook.com/renewlifecanada
twitter.com/renewlifecanada

$3 RECEIVE $3.00 OFF Your Next Purchase Of Simply Trim*

Dear Retailer: Renew Life Canada Inc. will reimburse the full value of this coupon on the purchase of the product specified. Other applications may constitute fraud. Applications for reimbursement received after 6 months from the expiry date, as indicated below, will not be accepted. Failure to send in, on request, that sufficient stock was purchased in the previous 90 days to cover the coupons will void coupons. Coupons submitted become the property of Renew Life Canada Inc. Reimbursement will be made only to the retail distributor who redeemed the coupon. For redemption, mail to: Renew Life Canada • 8 - 1273 North Service Road East • Oakville, ON • L6H 1A7.

* Limit one coupon per purchase.
Coupon expires November 30th, 2013. Signature: _____

8 things Milan told us about la mode

You can always rely on Milan for two things: exuding luxury, and being fashion month's halfway mark. The latter means we can move from tentative to confident in our breakdown of the trends for SS14. Despite the markedly different scenes across New York, London and Italy, discernible similarities have already emerged, so take note.

KIT GILBERT
Metro World News

Skin is in

If there's one thing Milan has over every other fashion capital, it's sex. It returned this season in the form of super sheer garments, peek-a-boo cut outs, belly-grazing necklines and hemlines your mother wouldn't approve of.

Gucci

White is trending

Just when we're all digging out our winter blacks and grays, white starts to trend on the runway. The summer shade has been everywhere, including Jil Sander, Sportmax, Versace and Alberta Ferretti, who played on its more innocent connotations.

Alberta Ferretti

'90s minimalism reigns

Will the '90s ever get old? It appears not, as the era's minimalist esthetic is going nowhere. With everyone apparently singing from the same Calvin Klein sheet, it's slip dresses and spaghetti straps galore — with a strict colour palette of neutral shades.

Max Mara

The shirt dress is a bona-fide thing

Whoever first decided to wear her boyfriend's shirt as a dress must have been an audacious woman. Thankfully, we're no longer going to have to tug at those tails to stay decent, as the shirtdress is now a thing. It's popped up all over the fashion circuit and it's made its way to Milan via No. 21 and Tod's where floral, spangled embellishments and eyelets send this idea into more wearable territory.

No. 21

We've got tiers in our eyes

Things that have tiers include wedding cakes and football stadiums. Now you can add clothes to the list, as Simone Rocha, Meadham Kirchhoff and Hérve Léger all added layer upon layer to their creations. And we're not talking ruffles either — these are hard-edged, angular strips of fabric. Our Milan favourite in this department is Fendi, which showed ombré cascades.

Fendi

Pastels are back, but not as you know them

Pastels are a perennial favourite for spring, with Louis Vuitton's 2012 collection providing the benchmark for working with these candy colours. This season, it's a little less saccharine than your standard sugary fare.

Luisa Beccaria

Satin makes a comeback

In all likelihood you last wore satin in the form of a dodgy strapless gown to prom. The stiff, lustrous fabric has the potential to date an outfit all too quickly, but this season it has made some serious sartorial headway. Popping up at Rodarte and Zero + Maria Cornejo in tougher looks, Blugirl brought it to Milan with floral-dotted shift dresses and sharply pressed trousers.

Blugirl

The graphic print party is still happening

No one quite owns the idea of print mixing like Prada and Marni, both of which showed stellar graphics that were as much about texture and colour as they were about print. The new designer, Stella Jean and Emilio Pucci, meanwhile, took the more traditional ethnic route, referencing African prints.

Prada

Shrimp, Cherry Tomato and Goat Cheese Bake: Layers of flavours

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

If you're looking for a quick and delicious one pot meal this hits home.

The shrimp compliments the delicate sweet tomatoes and creamy goat cheese. Serve the dish with a side of green salad.

You can prepare the entire dish earlier in the day and bake at 400 F for five to eight minutes. It's also great at room temperature.

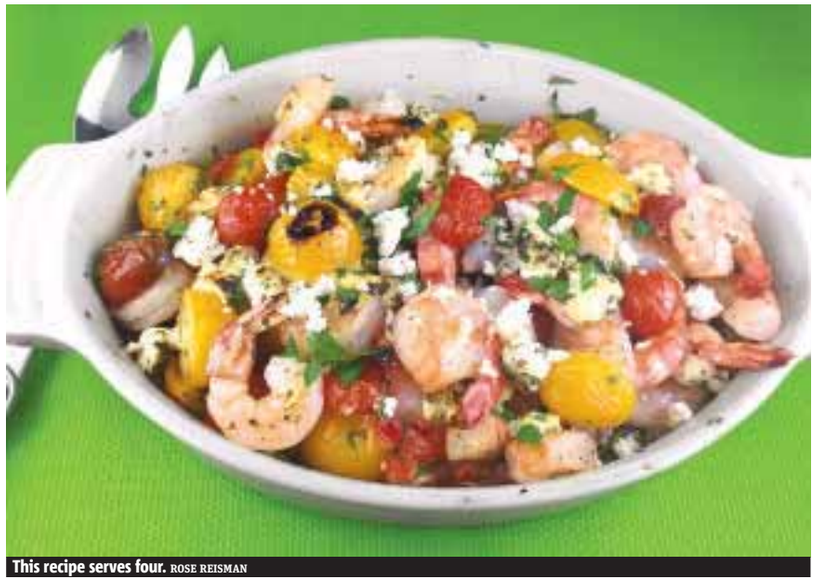
Ingredients

- 1 1/2 lb peeled and deveined shrimp
- 3 cups of cherry tomatoes sliced in half
- 1/4 cup chopped cilantro or parsley
- 1 1/2 tsp crushed fresh garlic
- 1 tsp dried basil
- 1 tsp minced jalapeño peppers
- pinch salt and freshly ground black pepper
- 1/2 cup crumbled goat cheese
- 1 tbsp olive oil
- 2 tsp freshly squeezed lemon juice
- 2 tbsp chopped cilantro or basil

1. Preheat the oven to broil and spray an 8-inch baking dish with cooking oil. Preheat a non-stick grill pan or barbecue to medium-high.

2. Grill shrimp for approximately 4 minutes, turning halfway through the cooking time. Do not overcook. Place in the prepared baking dish.

3. Combine the tomatoes, cilantro, garlic, dried basil, jalapeño pepper, salt and pepper. Mix well and pour over the shrimp. Sprinkle with the goat cheese. Broil for 2 minutes or just until browned. Remove from the oven.



This recipe serves four. ROSE REISMAN

4. Combine the oil and lemon juice and drizzle over the top. Garnish with the cilantro and serve.

For your phone

People CelebFood (iPhone - Free/ Android - $0.99 subscription)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

From Sheryl Crow's Chicken Tacos and Matt Damon's Beef Satay Skewers to Kate Middleton's Sticky Toffee Pudding and Richard Gere's Cinnamon Rolls, People's step-by-step cookbook offers favourite recipes shared by celebrities.

A living room couched in style

A four-part series to help you get one of the most important spaces in the home looking great.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

In this four-week series, I'll serve up decor tips to get your living room looking fabulous in time for the holidays. Today I tackle the largest furniture piece in the room: the sofa.

Size

For those living in smaller homes, the challenge is to find the right sofa that fits seamlessly without taking over the space. Luckily, there's an easy way to measure the size of sofa your room can comfortably hold: Measure the width of your room — your sofa should be 2/3 of that measurement. For instance, if your room is 10 feet wide, the sofa length should be about six feet by six inches. This allows the sofa to fit nicely on the smaller wall or helps to divide a long room and still allow space on each end for side tables. By fitting the sofa to the shorter wall, you are guaranteed it fits on the longer wall as well.

Style

The style of sofa reflects many things; whether you like a modern or traditional decor, the comfort level you require and the colour of covering desired. A sofa with a rounded arm, skirted bottom and light-to-medium neutral fabric will look best in a traditional setting while a square-armed, exposed wood (or metal) leg and a very light or very dark covering will imply a modern feel. If you fall asleep watching TV on your sofa every night, then choose one with lower and deeper seating for ultimate comfort. If you use your sofa strictly for entertaining, then a higher seat and less depth is recommended in order to sit upright. As for coverings, there are many to choose from. A plain, neutral covering will add longevity to the look of your sofa. The covering choice (everything from linen to leather) is all about the durability you might require. A warm neutral colour works best in traditional settings and cooler tones in modern.

Cost

Consider the budget for decorating your living room; a sofa should eat up about 20 per cent of the budget. If you have not budgeted for your room's decor, then another way is to consider how long you will want your sofa; each year should cost about $250. For instance, if you plan on keeping a sofa for only three to five years then an $800 to 1,200 cost would be suitable. If you want it to last for 10 to 15 years then pay around $2,500 to $4,000. The fabric is the first thing that will get worn out, followed by the internal support/springs. These are the two things you should investigate and ask about; especially when purchasing a sofa you want to keep long term.

Next week: Part two: Choosing tables and lighting.

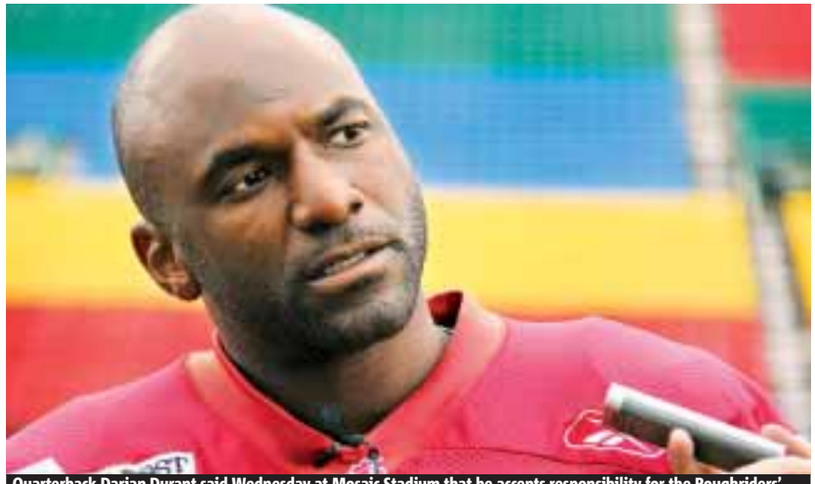
A traditional sofa with rounded arms, skirted bottom and upright seating. Chandler Sofa, from $3,100, ethanallen.ca. CONTRIBUTED

Low, deep seating with square edges and exposed metal legs make this sofa perfect for a casual, modern living room. Mondrian Sofa, $1,100, Urban Barn, urbanbarn.com. CONTRIBUTED

Button up: Riders' coach calls for calm

CFL. Chamblin marvels at how optimism from hot start has disappeared with string of bad outings

MARCO VIGLIOTTI
marco.vigliotti@metronews.ca



Quarterback Darian Durant said Wednesday at Mosaic Stadium that he accepts responsibility for the Roughriders' current offensive struggles. MARCO VIGLIOTTI/METRO

It will be a battle of two struggling teams Sunday afternoon at Percival Molson Stadium, when the Saskatchewan Roughriders face the injury-riddled Montreal Alouettes.

After a red-hot 8-1 start, a Banjo Bowl loss against the Winnipeg Blue Bombers has sent the Riders into a mini-spiral, dropping two consecutive games at home, including a heartbreaking last-minute defeat against the BC Lions last Sunday.

But head coach Corey Chamblin cautioned Wednesday against any urge to push the proverbial panic button — particularly the media.

"They pushed the Grey Cup button after (the) first six (games)," Chamblin joked, referring to a glowing response to the Riders' 6-0 start to the season. "How about they stay away from buttons?"

Quarterback Darian Durant will be looked upon to regain form after a tremendous start to the season.

He went eight straight games without an interception to start 2013, but over the last three games has thrown four picks, as well as fumbling the ball four times.

Some commentators have criticized the Riders' offensive line for failing to protect their quarterback, but Durant said Wednesday that the responsibility falls squarely on his own shoulders.

"That's on me," he said about the team's recent offensive struggles. "We are not producing enough points to win games."

The Alouettes offence has also been struggling.

After losing their future Hall of Fame quarterback Anthony Calvillo to injury earlier in the season, the team has had a tough time finding its rhythm under replacement Josh Neiswander.

In their only previous meeting this season, the Riders edged out the Alouettes 24-21 in front of a sold-out crowd at Mosaic Stadium on Aug. 17.

Week 14 pick

Riders (8-4) at Alouettes (4-8), Sunday, 11 a.m. (TSN) Montreal has struggled mightily without concussed QB Anthony Calvillo, but there were signs of hope from Josh Neiswander last week in a 28-26 loss to Hamilton in Moncton.

Neiswander went 26-for-36 for 294 yards and two TDs. Most importantly he didn't throw a pick.

For the Riders, Darian Durant has passed for more than 300 yards in each of the last two games, but the defence didn't keep pace. The Riders have traditionally had trouble winning in Montreal and are 3-7 there over the last five years.

Pick: Montreal.

THE CANADIAN PRESS

Tennis

Bouchard's game translates well to Tokyo

Montreal's Eugenie Bouchard will try to continue her string of big wins at the Pan Pacific Open when she faces American star Venus Williams in the quarter-finals.

Bouchard upset sixth-seeded Jelena Jankovic of Serbia 7-5, 6-2 on Wednesday, a day after ousting No. 8 Sloane Stephens of the U.S. THE ASSOCIATED PRESS

Montreal's Eugenie Bouchard GETTY IMAGES

Basketball

Canada tops Cuba to stay undefeated

Forward Tamara Tatham had a game-high 17 points and nine rebounds, and Canada's women's basketball team defeated Cuba 53-40 on Wednesday to finish the group stage undefeated at the FIBA Americas Championship for Women.

Guard Kia Nurse added 13 points, four rebounds and three assists as Canada finished with a record of 4-0, good for first in Group A. Canada coached by the University of Saskatchewan's Lisa Thomaidis will play the second-place team from Group B in Friday's semifinals. THE CANADIAN PRESS

NHL. Kessel says he's in control after slashing

Phil Kessel laughed off the notion that a couple of pre-season slashing incidents mean he needs to control his emotions better.

Last week he took swings at Flyers defenceman Luke Schenn's shins because he didn't like his former Maple Leafs teammate jabbing at him. Then there was Sunday night's brawl, when he slashed Sabres tough guy John Scott multiple times, earning a suspension for Toronto's final three pre-season games.

Kessel said he considers those situations more of an anomaly than the start of a troubling trend.

"I think I average like under 20 penalty minutes a year or something like that or around there, so it's not like I take a lot of penalties," he said. "I don't think it's going to be a problem." THE CANADIAN PRESS

What would you do?

"Put 'em in that situation and see what they do."

Phil Kessel to critics of his stickwork on John Scott. The Sabres enforcer stands 6-8 and weighs in at 270 pounds.

MLB

End of the Empire: Rays eliminate Bronx Bombers

The New York Yankees failed to make the playoffs for only the second time in 19 years, getting mathematically eliminated Wednesday night during an 8-3 loss to the Tampa Bay Rays.

Evan Longoria homered twice as the Rays won their sixth straight and lowered to three their magic number over Texas for clinching an AL wild-card berth.

THE ASSOCIATED PRESS

NFL. Ex-Charger commits suicide in Atlanta, cops say

Former San Diego Chargers and University of Georgia defensive back Paul Oliver committed suicide at his Atlanta-area home, a medical examiner said Wednesday.

The 29-year-old Oliver was found dead Tuesday night in Marietta, about 20 miles northwest of Atlanta, Cobb County Medical Examiner's investigator Tim Weaver said.

Oliver died of a self-inflicted gunshot wound, Cobb County police Sgt. Dana Pierce said.

THE ASSOCIATED PRESS

Paul Oliver with the Chargers in September 2009. THE ASSOCIATED PRESS

Horoscopes

Aries
March 21 - April 20
Mars in Leo does wonders for your confidence but don't let that blind you to the realities of your money situation. Saturn in Scorpio warns it could cost you big time if you take a risk that is best avoided.

Taurus
April 21 - May 21
Disputes are inevitable but none of them are of any real importance, so don't get drawn into slanging matches with people whose main motivation seems to be envy.

Gemini
May 22 - June 21
Check the facts several times today. Neptune, planet of illusion, is strong at the moment, so your mind could easily play tricks on you.

Cancer
June 22 - July 23
Good news will come out of nowhere today, easing your fears and making you realize how fortunate you really are. Also, a friend or colleague will offer you the kind of advice that money cannot buy. Take it.

Leo
July 24 - Aug. 23
You may have to force yourself to be enthusiastic about what you have to do today but once you get going it won't be the chore you feared it would be. It could even surprise you and make you some extra money.

Virgo
Aug. 24 - Sept. 23
A few days from now, you will get the chance to do something a bit out of the ordinary. In the meantime, treat yourself kindly and don't get involved with people who only ever waste your time.

Libra
Sept. 24 - Oct. 23
If you are happy with the way your life is going, that's great. If not, start making changes. The Sun in your sign means it's time to get your act in gear and get cracking on a scheme that is important to you.

Scorpio
Oct. 24 - Nov. 22
With the Sun linked to nebulous Neptune today, it's unlikely you will be thinking straight. Be wary of making plans you cannot easily get out of. Be wary of your feelings too. Can you trust them?

Sagittarius
Nov. 23 - Dec. 21
Your confidence may be at an all-time high and all things may seem possible but don't be deceived: There is still a lot of hard work to be done before you come close to reaching your number one goal.

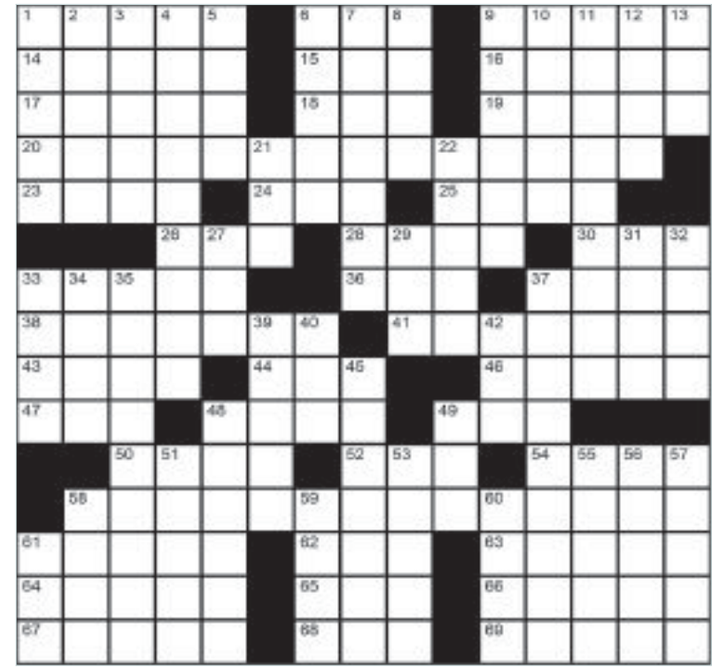
Capricorn
Dec. 22 - Jan. 20
Life moves in cycles and the cycle you are on now mostly deals with your career and position in the wider world. Having said that, you can still find time for love — if you try.

Aquarius
Jan. 21 - Feb. 19
It's good that you are the forgiving sort but don't go too far and forgive people for crimes they should be punished for or you will get a reputation as a pushover.

Pisces
Feb. 20 - March 20
There's no point being uptight about situations that are beyond your control. That is the message of your solar chart today, so avoid confrontations you cannot win. **SALLY BROMPTON**

Crossword: Canada Across and Down

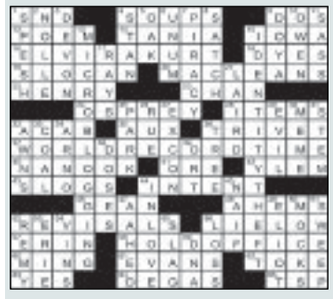
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Wild guesses
6. Work with a wok
9. Canadian author Farley
14. George Clooney job on TV, _ _ __
15. Deer sort
16. "_ __ you to..."
17. "That doesn't __ _ thing!"
18. Hawaii's __ Beach
19. __ __ example
20. Canada's is the Metric, the USA's is the what?: 2 wds.
23. Cobblestone
24. Alias acronym
25. Roman love god
26. 'Ball' suffix
28. Famous river
30. Discontinuity
33. Composer Mr. Copland
36. Polka's partner
37. Low-lying area
38. Comedian Ms. Handler
41. Ottawa, for one
43. Common sitcom roles
44. Glaswegian's 'No'
46. 99, for one, on "Get Smart"
47. TV station
48. Swindle
49. Canada's financial TV channel
50. Wharf
52. Edible green thing
54. Icelandic epic
58. Temporary __ __ (Latest trend in manicures)
61. Mr. Lauzon of Royal Canadian Air Farce
62. British singer Rita
63. Totally consumed: 2 wds.
64. Gambling destination, Monte __
65. Giggling, texting-style
66. Curt
67. Kelly Clarkson's "Since _ __ Gone"
68. Sacred chest
69. Industrial city in Germany

Down
1. 18-wheelers
2. New Orleans-set HBO series
3. Adjust
4. Pre-history working implements: 2 wds.
5. Boo-boo
6. 1978 disco hit: "Le __"
7. "The X Factor" judge Kelly
8. Fancy 'fors'
9. "Did you __ __?" (Returnee's query)
10. John Keats poem, __ __ a Nightingale
11. Political headline-grabber in the 1970s
12. Ancient Syria's biblical name
13. Midmorning time
21. Sir McKellen
22. Conference of 1945 of the Big Three
27. Slip-__ (Some shoes)
29. Winter/Summer games org.
31. Actor Mr. Arkin
32. Throw a snowball
33. Australian band
34. Captain in "Moby Dick" (1956)
35. Moscow tourist attraction: 2 wds.
37. National Film Board short films shown during TV commercials time, Canada __
39. Britannica, e.g.
40. US motorists org.
42. Cook's need
45. "The Last __" (1987)
48. Musical, Miss __
49. Sheep's sound
51. Handy
53. Canadian showbiz news show
55. Getting-things-done people
56. Put out, as flames
57. __, Colorado
58. Grouch
59. Ms. Falana
60. __ Modern (Art gallery in London, England)
61. Hosp. ward for heart patients

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	8		5		6		7	
		7				3		
	5		8		1		9	
	3	5				7	8	
8								6
	4	2				5	1	
	7		6		9		4	
		8				9		
	1		2		7		3	

Yesterday's Sudoku

7	8	9	1	3	6	2	4	5
4	6	2	5	7	9	3	1	8
5	3	1	2	8	4	6	9	7
3	2	6	8	4	7	9	5	1
8	4	5	9	1	2	7	6	3
1	9	7	6	5	3	8	2	4
2	7	3	4	6	5	1	8	9
9	1	4	3	2	8	5	7	6
6	5	8	7	9	1	4	3	2

flurries

Flurries Sheepskin is looking for 4 full-time Sales Reps to sell shoes and apparel in Market Mall, 2325 Preston Ave, Saskatoon, Sk.
$10.95 per hour plus bonuses and commission.
No experience required
Email resume to flurriessk@gmail.com

TravelMasters saskatoon
KAREN GRUZA
CORPORATE TRAVEL CONSULTANT
(25YRS EXPERIENCE)
Karen.Gruza@travelmasters.ca
TEL: (306) 652-9986
www.travelmasters.ca
800B Spadina Cres East, Saskatoon SK
Experience our advantage.

ROGERS™ authorized dealer

REGINA

Teleco
864 Victoria Ave. E
(306) 352-6600

Teleco
1501 Albert St.
(306) 525-5000

North Gate Mall
(306) 949-5395

Southland Mall
(306) 949-5397

SASKATOON

AirSource
718 Circle Dr. E
(306) 955-2355

AirSource
2002 8th St. E
(306) 955-2357

AirSource
Centre at Circle and 8th
(306) 955-1955

AirSource
Midtown Plaza
(306) 955-5799

AirSource
Confederation Mall
(306) 955-4399

HURRY IN – OFFER ENDS SEPTEMBER 30TH
ANDROID LIKE NEVER BEFORE
SAMSUNG GALAXY S4™
NOW $99.99[2]
on select 2-yr. plans
GET A NEW ANDROID PHONE & WE'LL
DOUBLE YOUR DATA* UP TO 6GB
ON SELECT PLANS
ROGERS LTE – CANADA'S FASTEST WIRELESS INTERNET[1]
CALL 1 888 ROGERS1
CLICK rogers.com/Android
Visit rogers.com/LTE for more information
LIVE LIKE NEVER BEFORE™
ROGERS™

ROGERS™ authorized dealer · WIRELESSWAVE · WIRELESS etc... · FUTURE SHOP · Tbooth wireless · BEST BUY · THE MOBILE SHOP · LONDON DRUGS

The Android robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. MOTOROLA and the Stylized M Logo are trademarks of Motorola Trademark Holdings, LLC. All other trademarks are the property of their respective owners. Offers subject to change without notice. *Available to new and existing customers with new activation or upgrade on select plans until Sept. 30, 2013. Eligible National Plans: $50, $60 or $75 Smart Picks plan and $85 or $105 individual plan or $140 or $160 Family Plan (each with monthly or 2-yr. term). Device eligibility varies by plan and term selected. See in-store for full details. **1** Based on tests comparing download speeds on the Rogers LTE network vs. Bell and Telus' LTE networks within Rogers LTE coverage area. LTE device, LTE SIM and plan required. Actual experienced speeds may vary based on device, topography and environmental conditions, network congestion and other factors. Rogers LTE network available in select Canadian cities. Visit rogers.com/LTE for coverage. **2** With new activation on any 2-yr. talk and internet plan having min. $55 monthly service fee. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of the Device Savings Recovery Fee and the Additional Device Savings Recovery Fee. A Connection Fee of $15 per line applies (to first invoice, applicable to new line/ device only) to activate your service on the Rogers network. Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. TM ©2013 Rogers Communications